

Welcome to Module 2

The STALKING of your VALUE(S)



Summary

Last week... we assessed the terrain.

We did the grand tour of your attention and of your life.

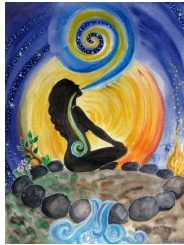
What did you notice?

Energetic Recap

Let's get firmly in the CENTER of all those micro-decisions of where your life-force flows again.
Let's:

- ❖ Call your power back
- ❖ Clear your energy

Every moment is an
EXCHANGE
 Between US and LIFE



Every moment is an
EXCHANGE
 Between US and LIFE

*Where you place your attention is an **investment** that brings you **towards or away** from what you want to create and is ultimately **expressing and creating** who you are in the outside world.*

Every moment is an
EXCHANGE
 Examples:

❖ You **invest** hours and hours of your full, quality attention into listening and playing music. This brings you **towards** becoming a sophisticated musician (and perhaps **away** from being facebook-addicted).

This allows for the music inside of you to be **expressed** in the world.

Every moment is an

EXCHANGE

Examples:

- ❖ You **invest** your total joy & heart into raising your child. This brings you **towards** your ideal of motherhood. This allows for the love inside of you to be **expressed** in the world.

Every moment is an

EXCHANGE

Examples:

- ❖ You **invest** every waking hour of the day in making your drug dealing business more profitable. This brings you **towards** money which brings you security and choices. This allows for your life to be **expressed** in the world.

Every moment is an

EXCHANGE

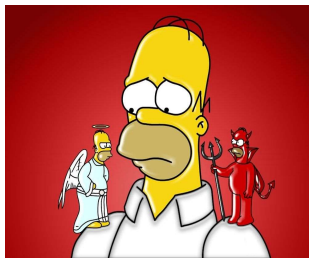
Big question:

How do we know if we're making good exchanges/investments?

Every moment is an
EXCHANGE

Meet your inner treasurer/trader/CFO

Your inner
treasurer/trader/CFO
Actually, you have two.



Your inner treasurer/trader/CFO

PROSTITUTE

Believes worth, safety,
security, love, belonging, etc.

Come from the OUTSIDE

LOVER

Knows worth, safety, security,
love, belonging, etc.

Come from the INSIDE

Prostitute & Lover

PROSTITUTE

Believes she needs to:
sell her soul,
modulate her self-expression,
compromise who she is,
avoid rejection at all costs...

to survive

LOVER

Knows :
Her self-expression is
everything.
She will not sell her self, her
knowing or modulate her
value.
Nobody can take her safety &
security away. It comes from
her.

Prostitute & Lover

PROSTITUTE

Doesn't know what she
inherently values or what
things are worth to her.

Will bargain and question and
doubt and not trust her own
knowing

LOVER

Knows EXACTLY what she
inherently values and what
things are worth to her.

Has no problem paying the
ultimate sacrifice for what she
wants.

Prostitute & Lover

PROSTITUTE

Based on
ILLUSION

LOVER

Based on
TRUTH

Prostitute vs Lover

Decisions based on Illusion tend to crumble or blow up

Decisions based on Truth provide solid foundation for our lives.

Back to -> How to make good investments

Big question:

How do we know if we're making good exchanges/investments?

Back to -> How to make good investments

Big answer:

Are we basing it on what we truly value?
(lover)

Or on what we think we should value so that
others keep liking us/ paying us, ...? (prostitute)

Back to --> How to make good investments

Revisiting the Examples

- 1) The musician
(we don't know – WHY are they investing in their music?)
- 2) The mom
(She is pouring her joy and love into her child and likely truly loves her child. We don't know – is she ALSO using this as a cover?)
- 3) The drug dealer
(Are they coded for this entrepreneurial bent? Their lover could be expressed there, but there probably isn't a genuine love for the drugs... prostitute is there).

The importance of what we value

The Prostitute – Lover is a CHANNEL in your psyche that allows your SOUL to be expressed in the world.

Therefore

**What your lover values
is
coded in your soul.**

Your values are coded in your soul

- ❖ They are unique to you.
- ❖ They have something to do with your soul's intention in coming here.
- ❖ What you have a taste or desire for
is *meant* for you.
- ❖ They will help you advance
your soul's mission.
- ❖ It's the playground for your gifts to come most alive.
- ❖ You have a high tolerance for the shit that comes along with your
exploration of these values (allowing you to persist longer than most)

Your values are coded in your soul

What you value...

- ❖ Turns you on
- ❖ Makes you come alive
- ❖ Gets you going, instigates your energy
- ❖ Turns on your creative powers (turning nothing into something)
- ❖ Has you LOVE something before it becomes real
- ❖ You don't mind sacrificing anything for

Your values are coded in your soul.

They are NOT the same as:

- ❖ What you happen to be good or even unusually excellent at (Zone of excellence)
- ❖ What others praise you for

This week's mission:



Get into your lover
and start
STALKING
what makes you
come alive